



# Headquarter SHA



Montag	Dienstag	Mittwoch	Donnerstag	Freitag
<b>Safe Kids Minis</b> 14.15 - 14.45				
<b>Safe Kids 1</b> 15.00 - 15.45		<b>Safe Kids Minis</b> 15.15 - 15.45		
<b>Safe Kids 2</b> 16.00 - 16.45	<b>Safe Kids</b> 16.00 - 16.45	<b>Safe Kids 1</b> 16.00 - 16.45	<b>Safe Kids</b> 16.00 - 16.45	
<b>Black Belt Club</b> 17.00 - 17.45	<b>Safe Kids</b> 17.00 - 17.45	<b>Safe Kids 2</b> 17.00 - 17.45	<b>Safe Kids</b> 17.00 - 17.45	
<b>Rockabilly Workout</b> 18.00 - 18.45	<b>Safe Kids</b> 18.00 - 18.45	<b>Power Fitness</b> 18.00 - 19.00	<b>Safe Kids</b> 18.00 - 18.45	<b>CTA</b> 18.00 - 19.00
<b>Power Fitness</b> 19.00 - 20.00	<b>Kickboxing D.C.</b> 19.00 - 20.00	<b>KI JUTSU</b> 19.00 - 20.30	<b>LADIES ONLY</b> 19.00 - 20.00	<b>Kickboxing D.C.</b> 19.00 - 20.00